

February 2024

Dear Participant:

The Board of Trustees, Fund Administrators and Consultants for the New England Health Care Employees Welfare Fund (“the Fund”) are always looking for potential programs that benefit our participants and their eligible family members. We are excited to share with you that we are adding a new benefit at zero cost to you to support back, muscle and joint health.

The services are provided by Hinge Health, a digital clinic for joint and muscle pain. Hinge Health is made up of a complete clinical care team of physical therapists, physicians, and qualified health coaches to help you move beyond pain and reduce the need for surgeries and opioid painkiller use. They also provide their services to you on a schedule that best fits your needs.

Whether you or your eligible beneficiaries are hoping to overcome nagging pain, recover from recent injuries, prepare for surgery, address pelvic health issues, or find new strategies to stay healthy and pain free, Hinge Health will assess your condition and match you to a care team to help provide personalized treatment.

You may receive additional communications directly from Hinge Health with more details about this program and how to sign up in the coming weeks. Meanwhile, we encourage you to learn more about the program by visiting hinge.health/1199nefunds or by calling 1-855-902-2777 or scan the QR code below.



To learn more or begin using Hinge Health, turn the camera on your cell phone and scan the QR code to the left and follow the steps.

You can also reach out to the Fund Office by calling Local 1-860-728-1100 or Toll free 1-800-227-4744.

Sincerely ,

Silvana Stankus

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Executive Director
New England Health Care Employees Welfare Fund