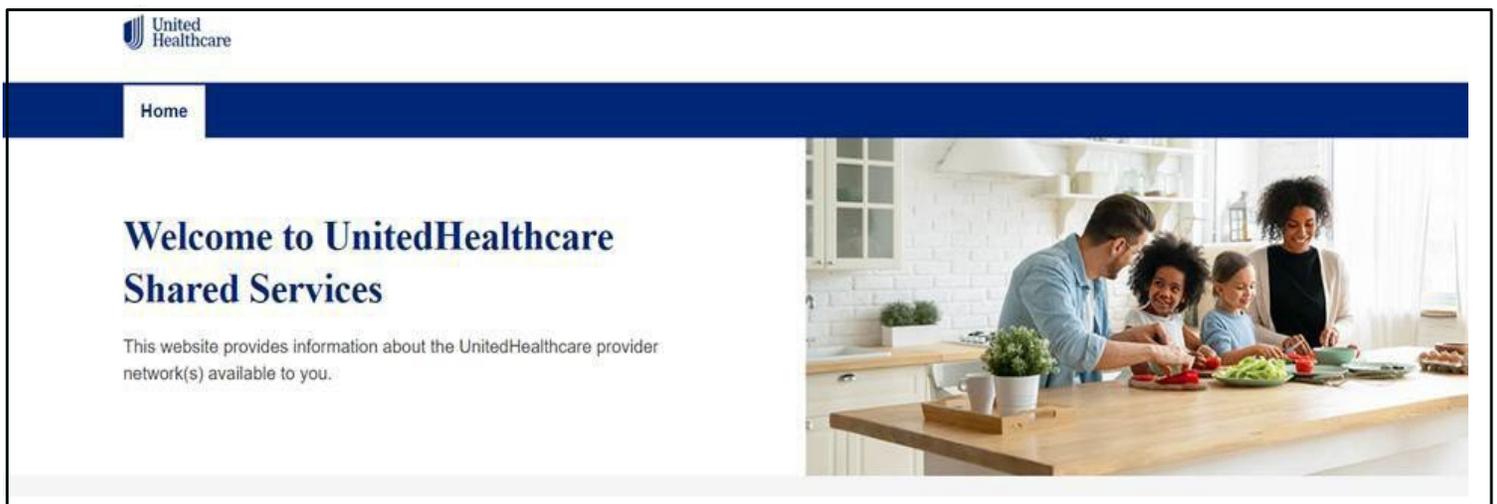


If you are strictly looking for network providers and not seeking information on estimated costs for procedures, follow the below steps and navigate to the UnitedHealthcare website through our Fund website at www.1199nefunds.org

1. On the left side of the screen “Welfare Fund” and then “2026 Benefits”
2. Below the 2026 Benefits you will see “**Is my Doctor in the Unitedhealthcare Shared Service Choice Plus Network?**”

- Is my Doctor in the Unitedhealthcare Shared Services Choice Plus Network?
 - Instructions on how to find a Doctor

3. When you click on **“Is my Doctor in the Unitedhealthcare Shared Services Choice Plus Network?”** it will bring you to the Unitedhealthcare Shared Services Home Screen

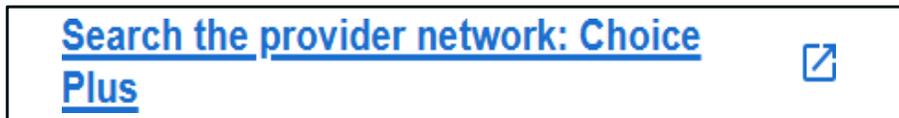


4. Scroll to the lower left of the screen and look for the option **Find a doctor or facility**. Click on the down arrow



5. Once you click on the down arrow, you will see a list of options to choose from. The one you click on is the

Search the provider network: Choice Plus Optio like below:

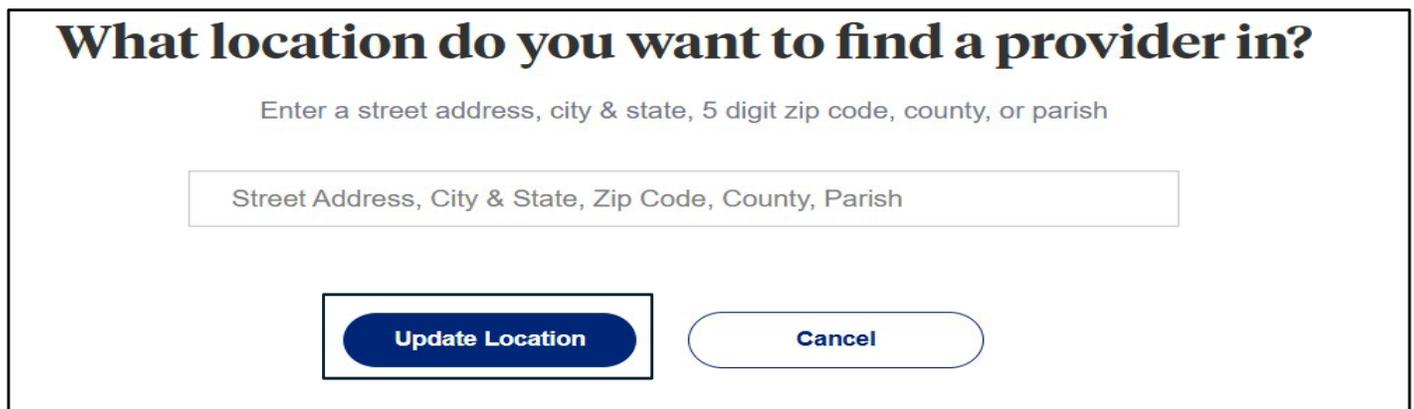


6. The next screen shows a **Continue Button**. Click on the button and the next screen that comes up is the

screen asking for the type of Medical Care you are looking for like below:



7. Pay attention to the location. "Change Location" if the area shown on the screen is not the right location, you can change the location to the one nearest to you by clicking on the **Change Location** button. You will see the below screen where you can enter your preferred location.



8. Once you have entered the right location, click on **Update Location** button.

9. Once you have updated the location, the next screen is where you can begin to find the doctors under

“People”

and facilities under

“Places”



People

Doctors, medical groups,
and other professionals by
specialty



Places

Hospitals, clinics, labs,
imaging centers, medical
suppliers

10. If you are looking for a Doctor to help with a mental health condition, go to www.1199nefunds.org And click on **“I am looking for a Doctor who can help me with mental health conditions and substance abuse like below:**

- I am looking for a Doctor who can help me with mental health conditions and substance abuse

Once you click on the “I am looking for a Doctor who can help me with mental health conditions, you should see a screen like below and you should be able to enter the information to either look for a Doctor/Provider or enter a name or facility to see if the Doctor/Provider is in the Unitedhealthcare Shared Services Choice Plus Network.

Live and Work Well

English ▾

Search for providers in your network
specializing in mental health and substance use.

With the spread of COVID-19, please call your provider's office before you go to confirm their availability, location and service options – including telemedicine – and any precautions you should take.

Please note: If your provider does not show in the results they are likely out of network. Results that carry the provider badge “Provider” or “Group Practice” typically offer routine outpatient care. Results that carry the provider badge “Facility” typically offer higher levels of care (Inpatient, Residential, Partial Hospitalization, Intensive Outpatient, etc). Please call the number on the back of your card to speak to a representative to verify their participation in your network.

Find a Provider

Find therapists, psychiatrists, or other clinics in your network.

🔍 Enter provider name, keyword or leave blank

📍 Eden Prairie, MN 55344

Search

You can filter by provider types and service descriptions on the next page.

11. If you still need to view estimated costs for procedure(s), you are having done you can go to www.1199nefunds.org and click on **“What will the estimated cost for my procedure be under the Plan?”** Once you click on this option follow and complete all the information required. If you are not sure; you can click on **“instructions”** and it will help you to navigate the screens.

- What will the estimated cost for my procedure be under the Plan?
 - **Instructions** on how to get estimated costs

If at any point you are struggling with this process or these instructions, do not hesitate to call the Fund Office Local at 860-728-1100 or Toll Free at 1-800- 227-4744.

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